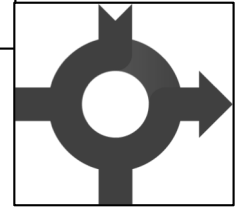


MAKING SENSE OF AGGRESSION

CONTINUING EDUCATION COURSE

SPRING 2020



This online course consists of 4 hours of lectures by Dr. Gordon Neufeld.

VIDEO LECTURES: Participants will watch a 1-hour lecture using the Study Guide to take notes with Dr. Neufeld's slides.

QUESTIONS: Participants will send their questions to the facilitator.

GROUP ONLINE SESSION: Participants will meet online using Adobe Connect to have their questions and concerns answered by the Facilitator.

FACILITATOR: Sessions will be facilitated by Eva de Gosztanyi, psychologist, CEBM

MATERIALS PROVIDED: 4-hour DVD set and Study Guide with access to the Neufeld Virtual Campus for a variety of extra resources.

To INDICATE YOUR INTEREST click here:
<https://www.cebm.ca/events/making-sense-of-aggression/form> or go to www.cebm.ca - EVENTS

REGISTRATION FEE: \$90 per person
English School Boards of Quebec

For information: Eva de Gosztanyi, CEBM edegosztanyi@rsb.qc.ca

GORDON NEUFELD, PhD. Vancouver-based clinical psychologist with 45 years of experience. His developmental model is an alternative to cognitive behavioural fare & the medical disorder approach. It has clear implications for practice & treatment.

COURSE DESCRIPTION: Aggression is one of the oldest and most challenging of human problems. Indications are, that in children at least, it is on the rise. What grabs our attention are the more violating acts of aggression but what is truly alarming is the ground swell of attacking energy within and between our kids that erupts in their interaction, their music, their language, their play, their games and their fantasies. It is the rare parent or teacher that does not encounter aggression in one form or another — be it tantrums, tempers, fits, abrasiveness, abusive language, rude gestures, hostility, racism, taunts, put-downs, bullying, fighting, shaming, belittling, name calling, vicarious enjoyment of violence or the self-attacking forms of self-deprecation, death wishes and self-harm. Such children are unable to benefit from traditional methods of behaviour management. The key to making sense of aggression is to get past the violating behaviour to the emotional experience of the child and to what is missing in the child's processing or functioning. It is only as the roots of the problem are dealt with that aggression can be effectively addressed.

THURSDAY FROM 4:00 to 5:00 - ONLINE

April 2	<u>Session 1</u>	FRUSTRATION, ATTACHMENT AND AGGRESSION
April 16	<u>Session 2</u>	TEARS, TEMPER AND ATTACK
April 30	<u>Session 3</u>	HANDLING & REDUCING INCIDENTS AND VIOLENCE
May 14	<u>Session 4</u>	FACILITATING ALTERNATE OUTCOMES TO AGGRESSION
May 21	<u>Session 5</u>	APPLICATION

Register by March 10, 2020

