

# PROBLEM WITH TRACKING SYSTEMS

## MATURATION

- They only change the behaviour while the system is being used because true growth is not happening
- **Penalizes the immature as they fatigue easily due to an underdeveloped prefrontal cortex**

## VULNERABILITY

- Pushes student's face into failure
- May increase disengagement

## ATTACHMENT

- Makes the relationship contingent upon performance
- There is little recognition of effort
- Increases attachment alarm

**These systems are often a challenge to manage.**

# ALTERNATIVE: STRUCTURE, ROUTINE, HABITS

- Use the list of “desired” behaviours **as a reminder** of what is expected – like a script or **visual prompt**
- Solicit GOOD INTENTIONS
  - Help the student to steer in the right direction
- Use a tracking system to help adults notice patterns:
  - Then use this information to make changes in the student’s schedule or environment
    - ▷ Provide extra targeted support
    - ▷ Create adapted routines
    - ▷ Practice behaviours to grow them into new habits

**INSTEAD OF TRACKING SYSTEMS**