



LEARN and the CEBM present

# ALIGNING OUR EFFORTS TO SUPPORT FAMILIES IN THE FIRST SCHOOL TRANSITION



**Monday, February 9, 2026**  
**1:00 – 3:30 PM**

Grounded in the Centre of Excellence on Behaviour Management's (CEBM) attachment-based, neuro-developmental lens, this session equips adults in a child's ecosystem with shared tools, language, and approaches to support successful school transitions.

Participants will explore strategies to align expectations, strengthen parent engagement, and use practical CEBM tools to support children and families during the first transition to school. Interactive discussions will offer opportunities to share experiences, address challenges, and receive real-time feedback from CEBM.

Key themes will include

- aligning adults' expectations
- fostering meaningful parent engagement, and
- using practical tools to support both children and their parents during the first school transition.

**Presented by Catherine Korah, M.Ed., c.o., psychotherapist**

**Centre of Excellence for Behaviour Management (CEBM) Coordinator**

Catherine has over 15 years of experience supporting elementary and secondary students with challenging behaviours across diverse educational settings. She provides professional development, consultation, and cross-sector collaboration, with a strong focus on developmentally appropriate, trauma-informed practices. Catherine is trained in the Neufeld developmental paradigm.



## **REGISTER**

**This session is for school and board staff, CDAs, FST Agents, and community partners who support children and families in early childhood and the transition to school.**